



KNIT FOR
NATURE



PENGUIN HAT

KNIT FOR NATURE



In 1989, renowned knitwear designer Ruth Herring co-released the book **Knitting Wildlife**. Complete with original knitting patterns and celebrity photoshoots, it helped raise vital funds for WWF at the time.

This year, the patterns have been lovingly re-imagined by Ruth in this limited-edition collection. Offering us a modern take on vintage knitwear, Ruth blends retro charm with contemporary fashion.

Whether your knit is a personal project or a gift that's made to last, craft for a cause and help us raise awareness of endangered wildlife.



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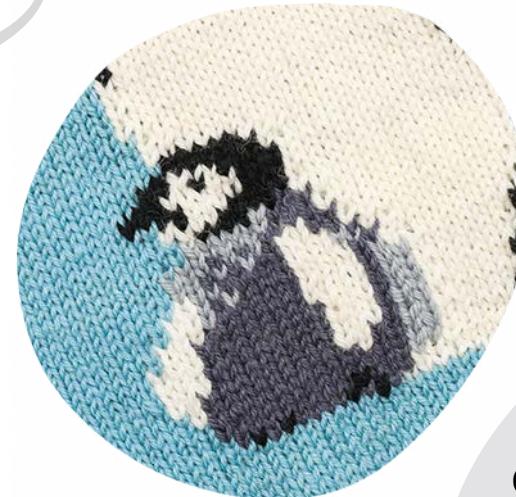
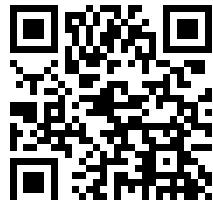
ABOUT WWF

At WWF, we're bringing our world back to life. Nature is in freefall, and we're urgently tackling the underlying causes that are driving the decline. We're finding solutions so future generations inherit a world with thriving habitats and wildlife.

It's a huge challenge, but if we all act together, there is hope.

We hope you enjoy this free pattern inspired by the penguins we're working to protect from the devastating impacts of a changing climate in Antarctica. If you can, please consider making a donation so we can continue this vital work and protect the places they call home.

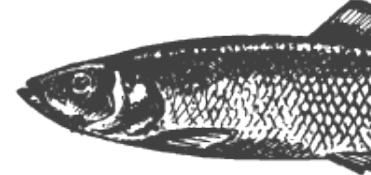
Visit wwf.org.uk/donate, or scan the QR code below.



Top tip

Opt for 100% British wool for the most sustainable option, and avoid synthetic fibres like acrylic and nylon, as well as cashmere, mulberry silk and mohair

Emperor Penguin Hat



	Adults head	Child's head	
Circumference	53 21	48 19	cm ins
Full Length	21 8.25	17 6.75	cm ins

Materials

West Yorkshire Spinners

ColourLab 100% British Wool DK

Main Colour: Sky Blue (1136) x 1 100g ball

Phantom Black (099) x 1 100g ball

Natural Cream (010) x 1 100g ball

Stormy Grey (373) x 1 100g ball

Silver Grey (137) x 1 100g ball

3.25mm and 4.00mm knitting needles

Pom pom maker

Tension

22sts and 28 rows to 10cm over pattern on 4.00mm needles.

Abbreviations

K – Knit

P – Purl

Stst – Stocking Stitch (1 row k; 1 row p)

Dec – Decrease

P2tog (Dec) – purl 2sts together.

Rem – Remain(ing)

St(s) – Stitch(es)

WS – Wrong side

Notes

Instructions for adults size are given in brackets ()

Intarsia Technique

When working Intarsia, use separate, small balls of yarn. When joining in a new colour, leave an end of about 5cm for darning in later. When changing colour, twist yarns together to avoid making a hole.

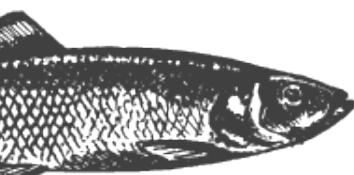
YouTube demos by Ruth Herring k1p1 TV

How to Knit Intarsia knitting Part 1 – k1p1 TV

<https://youtu.be/lyusrCZzftY?si=iek6sCpfeChyIP-7>

How to Knit Intarsia knitting Part 2 Darning Ends – k1p1 TV

<https://youtu.be/Rae4dJTxJuA?si=YDcItONMFvKVIFnc>



Hat

Using 3.25mm needles and **MAIN**, cast on 113 (123) sts.

Rib row 1: K4 (3), p3, *k3, p3, rep from * to last 4 (3) sts, k4 (3) sts.

Rib row 2: P4 (3), k3, *p3, k3, rep from * to last 4 (3) sts, p4 (3) sts.

Work 5 rows more in rib.

Next row (Dec) WS: P20, p2tog, [p12 (14), p2tog] 5 times, p21: 107 (117) sts.

Change to 4.00mm needles and beginning with a k row, work rows **3-48 (1-56)** from chart.

Cast off evenly, placing a marker at **CF** as indicated on chart.

To make up

Darn ends. Block piece following band instructions.

Join Back and pin top end of seam to **CF** marker.

Sew top seam.

Make x 2 pom poms and sew one on each top corner.

See ball band for further care instructions.

Chart Printing instructions

The chart is scalable on your **Computer, Tablet**, or preferred digital device using the zoom function.

To Print

To scale up and tile a print on A4 paper (i.e., print a large image across multiple smaller sheets that can be assembled into a poster), the most common and effective method is using the “**Poster**” or “**Tiling**” feature in a PDF viewer like Adobe Acrobat Reader. Printer instructions may vary for scaling up and tiling. Please refer to your manual.

KEEPING THE SKILLS ALIVE!

Design and pattern – Ruth Herring

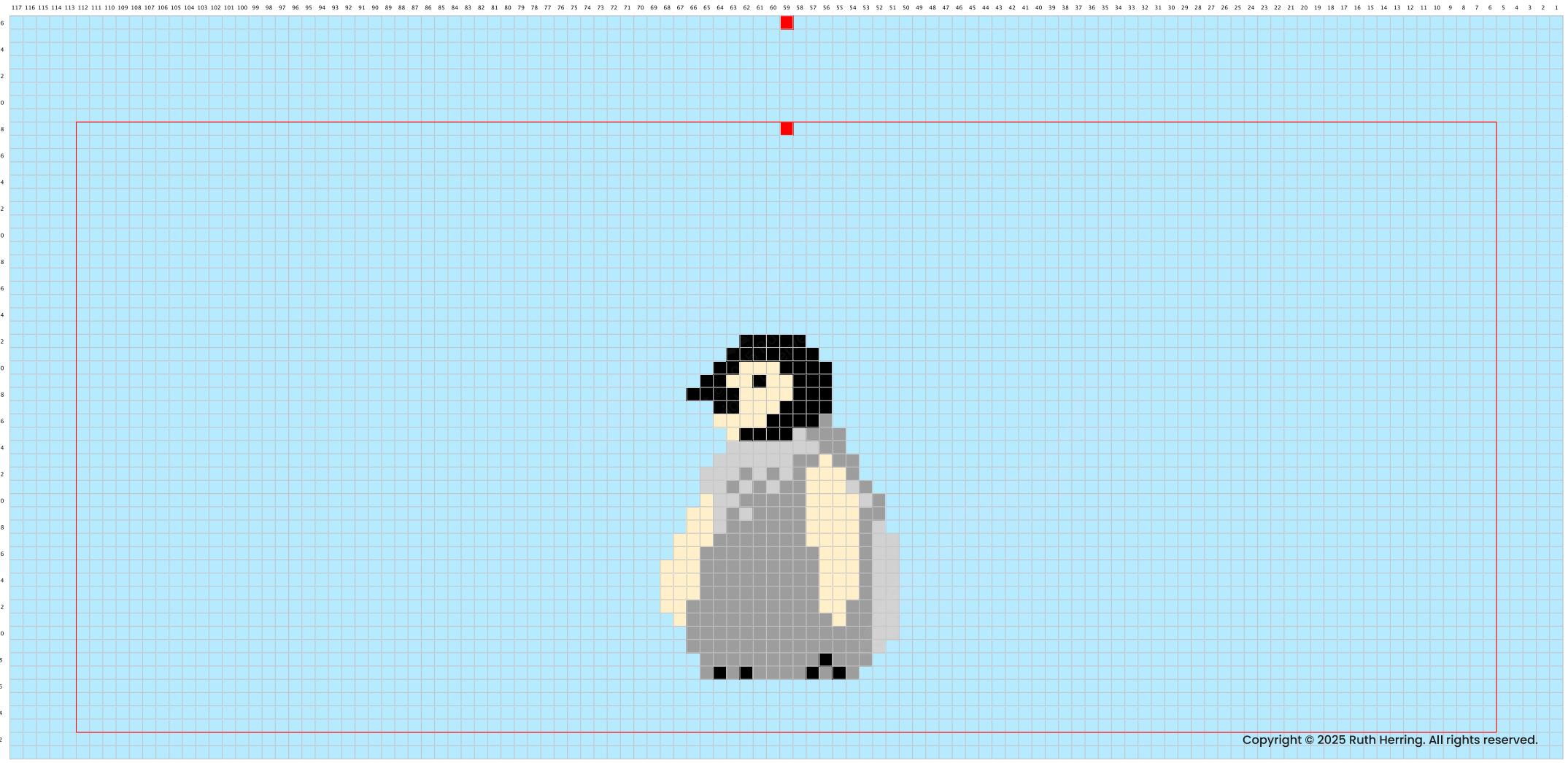


@confessions_of_a_yarnaholic



youtube.com/@k1p1TV

Emperor Penguin Hat



Key



Sky Blue 1136



Silver Grey 137



Child's hat rows 3-48



Phantom Black 099



Natural Cream 010



Child's hat 107sts



Stormy Grey 373



Centre Front



Photography of sample knits © Heather Bull. With thanks to West Yorkshire Spinners who gifted yarn for the pictured samples.
Ruth would like to thank the knitters, Flic, Kamla, Alison and Maureen. Also Rhiannon at WYS.

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